Cyberbullying, like many other forms of bullying, is when one person is intentionally picked on by an individual or group, and occurs using electronic technology.

Social media posts, texting, chatting, emails, embarrassing photo sharing - these are all forms of cyberbullying. Typically, those who are victims of cyberbullying are also subjected to bullying in person.

Because of the nature of cyberbullying, it can happen at any time, day or night, and the victim can NEVER “escape” the bully.
Quick Facts

• On average, 25 percent of middle and high school students have experienced cyberbullying.

• On average, 16 percent of middle and high school students admit to cyberbullying another student.

• About 1 out of every 4 students has experienced cyberbullying.

• About 1 out of every 6 students has cyberbullied another student.

If you suspect your child is being cyberbullied, inform their school so they can monitor any in-person bullying. Print evidence of the cyberbullying and report it to the school and police.

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